

ST JOHN DLO

[Hato Hone]

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ST JOHN

Information



St John



St. John Questions



St. John Questions
[pt 2]



CPR Video



What Are The 3 Main Emergency Services In New Zealand? :



Fire and Emergency, Police, and Ambulance.

What does DRSABC stand for?

D - anger - This means to be aware of any dangers around.

R - response - This means to check if they are responding in anyway.

S - end Help - Ask someone to or call for help by dialing '111'.

A - ir Way - If they are not breathing, open their mouth to see if there is anything blocking their airway. If there is and you can easily pull it out, gently stick your hands down and pull it out.

B - reathing - Check to see if their breathing by putting your cheek up to their nose and mouth, if you can feel hot air, their breathing, if you can't, their not breathing.

C - PR - CPR means Cardiopulmonary Resuscitation , you can do this by putting one hand into the middle of their chest just above their stomach, put your other hand on top of your hand, inter-locking them, then get on your knees, lock your elbows and start pushing on their chest, make sure to do it hard.



What are the different types of emergencies we need to look out for? Earthquakes. Floods. Landslides. Storms. Tsunami. Volcanic activity. Other hazards. Mental wellbeing.

A defibrillator may also be called a defib, an AED (Automated External Defibrillator) or a PAD (Public Access Defibrillator). A defibrillator should be used when a person is in cardiac arrest. CPR should be done until you can get a defibrillator



What is FAST?

- F - ace drooping
- A - rm weakness
- S - peech difficulty
- T - ime to call 111

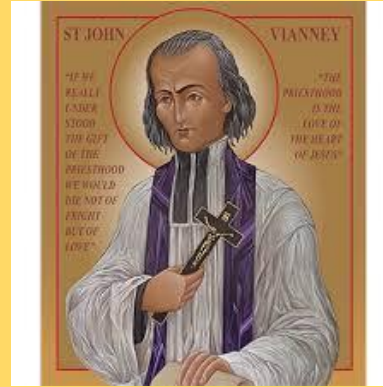


What are some important signs we need to look out for?

- Face drooping which is normally only one side of the face,
- Next is weakness in the arm, usually if their face is droopy their arm will be weak,
- Then we have slurred or mixed up speech, this is when they can't speak properly.

CPR EXAMPLE

CPR video



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